

How Do I Apply For CalFresh?

- ◆ You can apply for CalFresh on the internet at:
<https://www.mybenefitscalwin.org>
- ◆ You can apply for CalFresh by phone or at Social Services Agency offices located throughout Orange County. There is a list of offices on the back of this flyer.
- ◆ You may apply for CalFresh benefits by faxing your CalFresh application to (714) 645-3489
- ◆ You will need to complete an application and provide facts about you and your household.



- ◆ When you apply, you will have to show your pay stubs or proof of any other income you have. If you pay child support, you'll also need your child support papers. If you have income, the amount of that income left after certain deductions will be used to figure out the amount of CalFresh you get.

Are CalFresh Benefits Cash?

No. You will have a plastic Electronic Benefit Card (EBT) that you use at the store. You can only buy food items. You cannot use your card to purchase alcohol or tobacco products or non-edible items like paper goods.

Do I Have To Be A Citizen To Get CalFresh?

You need to be U.S. Citizen or a legal immigrant to get CalFresh. Even if you can't get CalFresh, other members of your family may be able to get them. Talk to a CalFresh worker about this. Getting CalFresh won't hurt you if you want to become a citizen.

What If I Am Elderly Or Have A Disability?

Income limits are higher for the elderly and the disabled, so it's easier to qualify. If you are 60 years old or over, or have a disability, you may also be able to claim medical bills that insurance doesn't cover.



Good food choices promote a healthy future at every stage of life

I Get SSI/SSP. Can I Get CalFresh?

No. SSI/SSP recipients in California are not eligible to CalFresh.

If I'm Eligible, How Do I Get and Use My Benefit?

Once your application for CalFresh has been approved, you will be issued a Golden State Advantage Card.



You will swipe your EBT card through the device at the checkout stand and enter your PIN (Personal Identification Number). The amount of your food purchase will be subtracted from your CalFresh account.

Do I Have To Do Anything Else?

Households getting CalFresh must send a periodic report form telling us about income and changes to their household. This report must be turned in on time or CalFresh benefits could be lowered or stopped.

Social Services Offices
are open from 7:00 am to 5:00 pm

Aliso Viejo Regional Center

115 Columbia
Aliso Viejo, CA 92656
1-800-281-9799

Anaheim Regional Center

3320 E. La Palma Ave.
Anaheim, CA 92806
1-800-281-9799

Central Regional Center

2020 W. Walnut St.
Santa Ana, CA 92703
(714) 834-8899

Garden Grove Regional Center

12912 Brookhurst St.
Garden Grove, CA 92640
1-800-281-9799

Santa Ana Regional Center

1928 S. Grand Ave., Bldg. B or C
Santa Ana, CA 92705
1-800-281-9799

CalWORKs South Region

23330 Moulton Parkway
Laguna Hills, CA 92653
(949) 206-4000

CalWORKs West Region

6100 Chip Ave
Cypress, CA 90630
(714) 503-2200

For general information on other programs such as CalWORKs, Medi-Cal and General Relief, call the 24 hr. information number: (714) 541-4895

YOUR HEALTH IS IMPORTANT!

In addition to eating a nutritious variety of foods there are other things you can do to stay healthy:

Be physically active!

Get some exercise! Walk, jog, dance, or play with your kids at least 30 minutes a day.

Watch your weight!

Choose lower fat foods like fruit, vegetables, and skim milk as part of a balanced diet and drink plenty of water.



Orange County
Social Services Agency

Information about...

CALFRESH

(Food Stamps)

What Is The CalFresh Program?

It's a Federal program to help low income households get more and healthier food. (Formerly known as Food Stamps)

How Do I Know If I'm Eligible?

Determining if you are eligible is complicated and will be done by a worker who's an expert in the program.

There are some rules that you have to meet to get CalFresh.

- ◆ You must live in Orange County.
- ◆ Everyone must have a Social Security Number (SSN). If someone in your household doesn't have one, you must help that person get one.
- ◆ There are income limits that vary depending on the number and ages of the persons in your household.

